

# M E N T A L H E A L T H

## TREATMENT OPTIONS

for Children, Adolescents, Adults  
and Their Families



## STEPPING STONES COUNSELING CENTER

4317 Maray Drive, Rockford, IL 61107

### NOW ACCEPTING REFERRALS

If you, a family member or someone else you know, is in need of mental health services, please call us today.

779-970-5605



<https://steppingstonesrockford.org>

**Referrals** Stepping Stones' Counseling Center is open and accepting referrals from all sources including; self, family, medical providers, youth organizations, educators, clergy, courts, employers and other organizations.

**Please call 779-970-5605 to arrange your first appointment or Fax referral information to 815-977-5569.** If you need more immediate help, go to a hospital's emergency room or call 911.



**Mental Health is an essential part of every young person's overall health** and has a very complex effect on their ability to interact successfully with others, understand the world and succeed in school and their community.

**There are 15 million of our nation's youth who can currently be diagnosed with a mental health disorder.**



**Early Intervention is critical**

and proven, in many cases, to lessen the effects of mental illness and improve outcomes in children, adolescents and young adults who are prone to developing these emotional disturbances.

If you, or others you know, need counseling and other mental health services, we can help. **One in five adults in the U.S.**



**experience mental illness each year.** This means mental health challenges do not have to be faced alone. Treatment is available to provide the hope and care needed for each person to begin their successful recovery.

**Services Available at the center include:**

**Comprehensive Assessment and Individualized Treatment**  
**On-site and Tele-Psychiatry**  
**Individual and Family Counseling**  
**Case Management**

Stepping Stones' Counseling Center is Medicaid approved and designed to serve children aged six and older with severe emotional disturbances and adults with severe mental illness and their families.